

SARAY SPA

JW Marriott Marquis Dubai

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SCAN TO VIEW
THE DIGITAL MENU

Renew
for the
journey
ahead.

FACIALS

THE ULTIMATE WELLBEING FACIAL
90 minutes | AED 890

More than just a facial, it's a pioneering treatment that focuses on lowering stress levels in the body and encouraging full reset and repair for skin and mind. Scalp, face and décolleté massage release areas of tension, improve blood flow and activate pressure points to encourage lymphatic drainage and a gentle pressure point massage using warm oil supports top- to-toe physical and emotional wellness. Skin is twice cleansed and exfoliated using expertly formulated, high performance natural products that contain botanical actives. Serum, oil, and moisturiser are applied for optimum hydration, alongside a specialised massage and mask for tired eyes.

THE ULTIMATE REJUVENATION FACIAL
60 minutes | AED 790

Built to combat tired and dull skin, this uplifting and energising facial helps skin, mind and body recover. The face is cleansed and exfoliated using botanical actives and carefully crafted essential oils to rejuvenate tired skin, targeting skin and mind for immediate results. Tailored scalp, face, and décolleté massage work to release areas of tension and stimulate circulation for a glowing complexion. A powerful combination of serum, oil and moisturiser provide maximum hydration, leaving your skin and mind revitalised.

THE ULTIMATE REBALANCING FACIAL
60 minutes | AED 680

Unwind with the Ultimate Rebalancing Facial to combat aggravated skin. It locks in moisture by providing a double cleanse, exfoliating away dead skin cells and applying serum, oil and moisturiser to repair skin under strain. Scalp, face, and décolleté massage address your skin, body, and mind to relieve areas of tension. Help your body to help your skin; stress response is lowered, mind and body are in equilibrium, and skin radiance is restored

EXPRESS FACIAL
30 minutes | AED 290

This quick treatment provides cleansing and toning complete with a nurturing mask to draw out the impurities.

ADD-ONS FOR FACIAL TREATMENTS

DEAD SEA FACIAL MASK
15 minutes | AED 135

A unique remineralising, purifying and softening mask utilising the healing properties of mud sourced from the shores of the Dead Sea. Paired with a Rose water and Dead Sea facial toning mist, incorporating this mud mask is a soothing addition to any of the previously listed facials.

HEAD AND SCALP MASSAGE
15 minutes | AED145

For those who never seem to feel like enough time is spent on this high stress area. Choose between a dry treatment or a warm hair oil treatment.

REFLEXOLOGY
30 minutes | AED 330

A thorough therapeutic foot treatment believed to improve circulation, unblock congestion, and promote relaxation throughout the body while focusing on specific reflexive pressure points of the feet.

DE-STRESS QUICK FIX
30 minutes | AED 300

Escape to the de-stress corner for a quick 30 minute massage on the neck and shoulders

ARABIAN BODY RITUALS

Travel through the heart of Arabia along ancient trade roads frequented by Bedouin travelers of old. From the healing salts of the Dead Sea, to Frankincense,
to the exotic perfumes of Rose and Jasmine, experience the wonders of the Middle East through any of our Arabian Body Rituals.

SARAY SIGNATURE DEAD SEA JOURNEY
120 minutes | AED 1,050

Legend has it that both the Queen of Sheba as well as Cleopatra, ' the women who time could not wither' set up their own personal spas along the shores of the Dead Sea. This signature journey begins with an energising scrub utilising aromatic Dead Sea salts followed by a full body mask coating you with rich remineralising mud also from the shores of the Dead Sea. The journey concludes with a nourishing body oil massage with choices of: Soothing Rose or Stimulating Black Seed.

CLEOPATRA MILK AND HONEY RITUAL
120 minutes | AED 1,050

The first use of milk as a rejuvenation ingredient dates back to nearly 5000 years and was reserved for only the wealthiest of families in ancient Arabia. Today Saray Spa's Milk and Honey Ritual transports you into a different place and time. Begin with a gentle exfoliation of Oatmeal and Black Seed Oil to stimulate skin cells and gently prepare your skin. A warm massage of milk, rose oil and a locally sourced Arabian Honey will aid in profound relaxation and serenity. Milk and Honey's natural enzymes will gently wash away the worries of time promoting a healthy glow and appearance. Follow this serene ritual with a full body massage incorporating hot stones dipped in Rose oil.

HAMMAM RITUALS

After months and miles of weary travel these traditional cleansing ceremonies, designed to assist in physical and spiritual purification, were performed in the heart of the Hammam located within the Caravanserai. Experience your own Hammam ritual within the traditional heated Hammam bath or within your personal private treatment room equipped with its own heated marble table.
All treatments incorporate heat and steam, an authentic Olive Oil based soap, a vigorous body scrub and a skin nourishing product applied to fresh new skin. Select Hammam treatments will also include a full body mask of mud or clay mixed with healing botanicals.

DEAD SEA HAMMAM
105 minutes | AED 910

A Hammam experience utilising the powerful healing minerals of the Dead Sea. Specially hand-crafted olive oil soap blended with Dead Sea Salt is gently massaged into heated skin. After a stimulating full body exfoliation you will be wrapped in a layer of rich Dead Sea mud infused with therapeutic herbs. This treatment concludes with a moisturizing massage using a healing body oil of Black Seed originated from the Dead Sea.

MOROCCAN ROSE HAMMAM
105 minutes | AED 910

This traditional Hammam incorporates ingredients from ancient Arabia to cleanse and soothe the skin, such as scented black olive soap from Morocco along with a healing Rose clay mask. Afterwards, a soothing rose oil with exotic Arabian florals are massaged into the skin.

TRADITIONAL TURKISH HAMMAM
60 minutes | AED 640

This authentic cleansing Hammam treatment is done in a traditional Turkish style. After heating the body in the Hammam centre hand-crafted Olive and Laurel soap and a kese mitt are used for vigorous exfoliation. Your newly re-energised skin is then nourished with a herbal infused oil to further encourage health and healing.

CUSTOMISED TREATMENTS FOR TWO

Each guest is different and Saray Spa offers a customised, results-oriented approach to spa therapy. Guests may choose from a range of treatments on the spa menu, or work with the expert consultants to design bespoke experiences tailored to individual needs. Guests will spend time with trained Saray Spa consultants to select the right products and treatment styles.
The Saray Spa VIP Ultimate Journey
is available in the VIP Suite with a private hydro-soak tub, steam and side by side treatment tables.
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SARAY SPA VIP ULTIMATE JOURNEY
180 minutes | AED 2,520

The Saray Spa Ultimate VIP Journey is a 3 hour luxury experience designed to rejuvenate and revitalise like no other. Begin with a relaxing Saray soak in your choice of fragrant Jordan Dead Sea Bath, Aromatherapy Bath or Milk bath, followed by a signature Saray Spa aromatherapy massage to ease tired and tense muscles. A customised Saray Spa facial including eyes and neck completes the journey and leaves you looking and feeling completely renewed. The Saray Spa VIP Ultimate Journey is available in the VIP Suite with a private hydro-soak tub, steam room, private wash and changing rooms.

SARAY SPA VIP REJUVENATION
100 minutes | AED 1,670

Choose from a healing Dead Sea body scrub, invigorating yogurt enzyme scrub or fragrant aromatherapy scrub to reveal glowing skin and improved circulation. Treat the new skin to an enriching, customised oil-blend body massage. The Saray Spa VIP Rejuvenation is available in the VIP Suite with relaxation centre, and side by side treatment tables.

EAST MEETS WEST
90 minutes | AED 1,250

Relax in a room for two with a choice of preferred massage for you and your partner in the same room.

WEDDED BLISS
210 minutes | AED 2,620

Get swept away by romance in Saray Spa's couples suite and enjoy wedded bliss. Indulge in handmade chocolates and a bottle of sparkling beverage, while experiencing a fully customised journey, including a revitalising scrub, glowing facial and a relaxing massage.

SARAY SPA PACKAGES FOR ONE

EXCLUSIVELY YOURS
200 minutes | AED 1,780

A bespoke holistic treatment, enjoy 200 minutes of pure indulgence as you experience a completely personalised treatment tailored to your needs. This experience includes a customised and results-focused facial, nourishing body wrap, and your choice of massage to maximize the therapeutic effects.

THE BODY RITUAL
120 minutes | AED 1,100

A customised treatment that includes a body scrub followed by ginger body wrap detoxification, completed by a relaxing massage. Your body is renewed and restored.

EXECUTIVE DE-STRESS RITUAL
135 minutes | AED 1,050

A restorative treatment that is specially designed for tight, stressed and aching muscles. The ritual begins with a body scrub to deep cleanse and to awaken your skin combined with a deep pressure massage on the neck, back and shoulders. Complete with a deep cleansing facial to remove impurities and revive tired skin. A perfect escape from a stressful day.

JET LAG REVIVER
60 minutes, AED 540 | 90 minutes, AED 730

Restore yourself from the exhaustion of a long distance travel. This customisable massage is personalised from a range of classical movement techniques including deep tissue relaxation alongside a selection of hot stones, herbal balls and gel packs for muscle relaxation.

RELAXATION MASSAGE
60 minutes, AED 520 | 90 minutes, AED 730

A full-body massage treatment blending several relaxing massage styles, using customised oils to provide the most comfortable and restful muscle therapy

SIGNATURE MASSAGES

THAI MASSAGE
60 minutes, AED 530 | 90 minutes, AED 730

This popular massage is performed while fully clothed on a traditional Thai mat. Starting at the feet and legs and moving up to the head, this massage aims to connect and balance the mind and body while being carefully moved, loosened, stretched, and kneaded. A combination of Shiatsu acupressure, Yogic stretches, and regular massage techniques are all utilised to achieve optimal therapeutic results.

BALINESE MASSAGE
60 minutes, AED 510 | 90 minutes, AED 730

A massage style closely related to Ayurveda and its techniques using a combination of gentle stretches, aromatic oils and acupressure to stimulate the flow of blood, oxygen and energy throughout the body. Best for individuals who need help to relieve muscle strain and joint pain, boost circulation, and guests with sleep problems caused by stress and anxiety.

SARAY CUSTOM MASSAGE
60 munites, AED 540 | 90 minutes, AED 730

Your therapist will consult with you and customise your massage with methods best suited for your specific requirements. Choose from an array of healing essential oils that will be incorporated into a personalised massage to provide and exquisite inhalation experience.

FRAGRANT STONE MASSAGE
60 minutes, AED 590 | 90 minutes, AED 850

Heated smooth Basalt stones are dipped in exquisite oil blends and combined with essential oils to create this unique thermotherapy massage treatment.

DEEP MUSCLE MASSAGE
60 minutes, AED 560 | 90 minutes, AED 790

A deeper muscle and connective tissue manipulation with a focus on unraveling tension in bound up muscles and improving overall range of motion. This massage is highly recommended for the release of underlying muscular tissue or for a sports specific issue.

AROMATHERAPY MASSAGE
60 minutes, AED 490 | 90 minutes, AED 710

Choose from an array of healing essential oils that will be incorporated into a personalised massage to provide and exquisite inhalation experience

REFLEXOLOGY
60 minutes | AED 510

A detailed therapeutic foot treatment believed to improve circulation, unblock congestion, and promote relaxation throughout the body while focusing on specific reflexive pressure points of the feet. Begins with a foot cleansing ritual and a massage to warm the muscles.

ADD-ONS FOR MASSAGES

All add-on services below are available to further enhance the previously listed massage treatments.

SARAY BODY POLISH
30 minutes | AED 370

Scheduling an invigorating exfoliation before any massage will help to dramatically increase circulation, slough off dry congested skin cells, and enable new healthy skin tissue with a chance to soak in the luxurious body oils.

SPARKLING EYES
20 minutes | AED 120

Enjoy the gentle eye massage that helps to reduce fine lines, crow feet and eye bags.

Spa treatments are available only to guests aged 18 and older. Facials may be provided to individuals aged 16 and above.
*All prices are inclusive of 10% service charge, 7% municipality fee and 5% VAT.

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