PRICES

HOLISTIC HEALING THERAPIES

NIDRA	120 mins	AED 1250
SHODHANA	120 mins	AED 1250

SIGNATURE THERAPIES

IMPERIAL DAHAB (Couple / Single)	150 mins	AED 3950 / AED 2200
VISHRAMĀ	120 mins	AED 1200
SUSHUPTI	120 mins	AED 1200
TRUPTI	120 mins	AED 1050
PEHLWĀN MĀLISH	90 mins	AED 920
JIVATI	90 mins	AED 850
SAMATTVA	120 mins	AED 550

INDIAN THERAPIES

INDIAN AROMATHERAPY	60 / 90 mins	AED 640 / AED 890
SAMMARDANĀ	60 mins	AED 690
PĀDA MARDANĀ	60 mins	AED 500
CHAMPI	45 mins	AED 450
DRISTI	30 mins	AED 300

BODY RITUALS

VISHUDDI	30 / 70 mins	AED 375 / AED 750
POSHA	30 / 70 mins	AED 375 / AED 750

BEAUTY

ĀNANA LEPĀ	60 mins	AED 600
SIGNATURE FACIAL	60 / 90 mins	AED 550 / AED 850

YOGA

BALANCED	90 mins	AED 400
ADVANCED	90 mins	AED 400
ABHILAYA	60 mins	AED 300
ADVANCED SURYA NAMASKAR	60 mins	AED 300
GENTLE	60 mins	AED 300
DYNAMIC	60 mins	AED 300
PRĀNĀYĀMĀ	60 mins	AED 300
LAGHOO SHANKHAPRAKSHĀLANA	90 mins	AED 400
KUNJAL KRIYA (cleansing technique)	55 mins	AED 300
JALA NETI (Nasal irrigation)	45 mins	AED 200
YOGA NIDRĀ	25 mins	AED 150
YOGA NIDRĀ ADVANCED	50 mins	AED 250
HRIDAYĀKASHA DHĀRANA	50 mins	AED 250
ĀJAPA JAPA	50 mins	AED 250
ANTAR MOUNA	40 mins	AED 200

AYURVEDA

CONSULTATION	30 mins	AED 250
ABHYANGA	90 mins	AED 950
UDVARTANĀ	75 mins	AED 850
SHIRODHARA	60 mins	AED 1100
KATI BASTI / PRUSHTHA BASTI	45 mins	AED 400
PICHU	30 mins	AED 300

SPA INDULGENCES

SUKHA	240 mins	AED 1950
SVASHAKTI	180 mins	AED 1250
SOMĀ (For Two)	120 mins	AED 2100
ABHISARANA (For Two)	90 mins	AED 1800
JACUZZI EXPERIENCE	20 mins	AED 200

- All the above prices are in UAE Dirhams and are inclusive of all taxes.